

## Michael D. McGee, M.D.

[www.wellmind.com](http://www.wellmind.com)

1411 Marsh St.

Suite 104

San Luis Obispo, CA 93401

Office: 805-459-8232

CA License: G64445

University/School Attended: Stanford

Year Graduated: 1985

Insurance Accepted: None

Treatment Modalities: Individual psychotherapy, psychopharmacology

Problems Treated: Addictions/Substance Abuse, Anger, Anxiety/Panic/Phobias, Depression/Suicide, Dissociative Disorders, Eating Disorders, Family Issues, Forensic/Legal, Grief/Mourning, Memory/Thinking, Motivation, Pain, Post-Traumatic Stress, Sexual, Shyness, Spiritual, and Stress

Primary Theoretical Orientation: Cognitive-Behavioral, Dynamic/Psychoanalytic, Existential, and Humanistic.

Specialty Areas: Addictive Behavior, Assessment/Evaluation, Aging, Cognition (Thought), Coping.



# Louise Sawyer, M.A., LEP

License number: LEP #3667

Phone number: 805-316-0507

Address: P.O. Box 283

San Luis Obispo, CA 93406

E-mail: [Louise@mindfulpsychologyslo.com](mailto:Louise@mindfulpsychologyslo.com)

Website: <http://www.MindfulPsychologySLO.com>

---



University/School Attended: Texas State University

Year Graduated: 2007

Treatment Modalities: Psychoeducational testing, psychological counseling for kids, teens, young adults; consultation for parents of children with disabilities.

Problems Treated: Testing- cognitive processing issues and learning disorders, attention deficit hyperactivity disorder, autism, anxiety, and other mood/behavioral disorders that affect the learning process; counseling- anxiety, emotional regulation, anger management, social skills, executive functioning.

Primary Theoretical Orientation: Mindfulness, cognitive-behavioral, play therapy. The basis of all my client work is the development of a safe and trusting relationship as a foundation for change.

Specialty Areas: Dyslexia (reading disorders), dyscalculia (math disorders), dysgraphia (written language disorders), school neuropsychology

For further information, please call the telephone number, send an email to, or visit the website listed above.

Thank you!